



CATHIE'S COLOUR ANALYSIS



Cathie, you came out as **Summer**, with a big hint of **Autumn** (trust you – one season isn't enough !!!).

The **summer** palette is the most delicate of the four colour seasons, it's gentle and feminine.

With **summer**, everything is light, more delicate, and has less contrast between hair and skin. Think clean, crisp pastels, blue, rose, and definitely soft. Even if you favour bright colours, always aim for softness rather than sharp contrasts.

Commonly, summer colour and skin tone is fair or rosy pink, making it a **cool** palette. A summer palette will be overpowered wearing colours from the winter palette.

‘Winter palette’ -I SAID NO, NO, NO!!!!



Brighter colours such as strong, bright yellows are best avoided, only a light lemon will work if yellow *has to* be worn. Soft whites with no yellow is also best. Wear solid fabrics and light patterns. Soft pinstripes are best used in garments below the waist, away from the face.

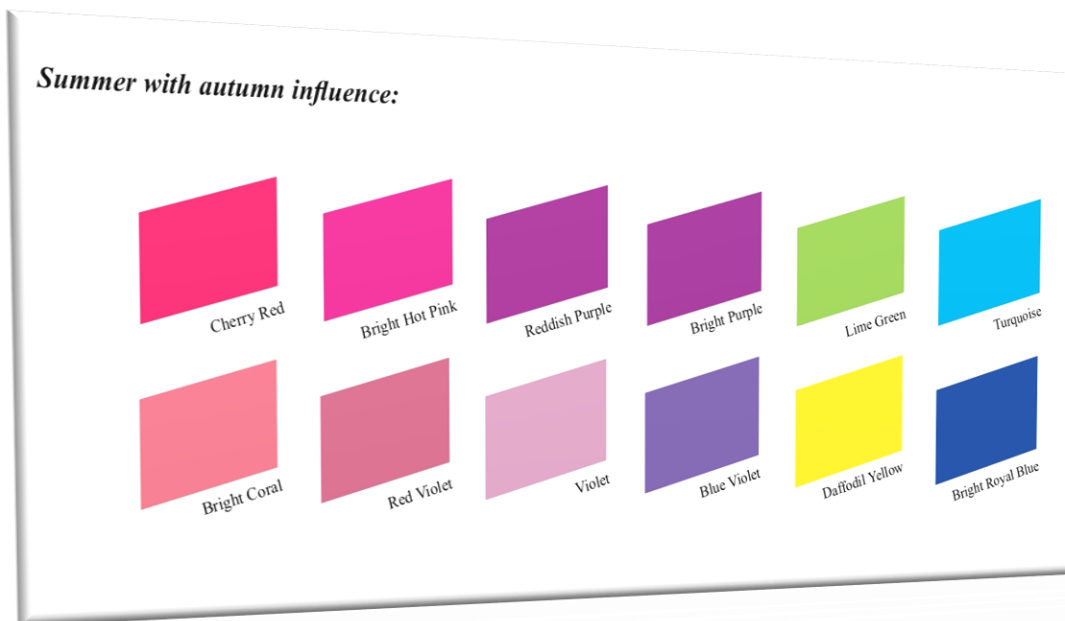
A floral print works well for summer palette. Neutrals are also worn well.

A dramatic look won't enhance your features; it will drown them.

Any colour worn around the face will accentuate similar pigments in skin tone. Wearing yellow will make skin appear more yellow, wearing red will make their skin appear redder.

Summer homebase colours:





With **autumn**, wear colours that make you think of a warm, crisp autumn day. Autumn is all about glowing warmth and muted beauty.

A gentle autumn, (you), tends to mix slightly (or more, in your case), with **summer**.

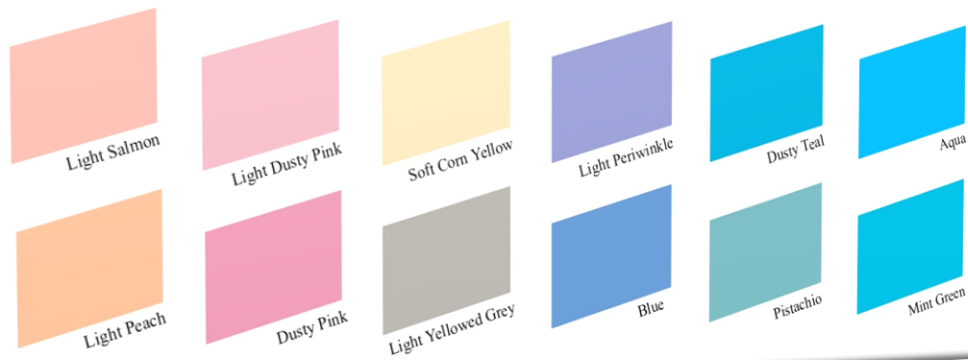
The gentler autumn can be overwhelmed by the strength of the brightest colours in their palette, such as orange, deep yellow, bright yellow-green, and turquoise. Should you opt for **autumn** palette in your wardrobe, you would look best in shades that are rich or muted, yet still warm, camel, beige, olive, orange, gold, dark brown and even grey, will bring out a healthy glow.

Typically, black and white should be avoided, they will wash out your complexion. This doesn't mean you can't wear them, just be sure to wear enough make up to brighten your complexion (get that VB eyeliner, blusher and lipliner on).

Autumn homebase colours:



Autumn with summer influence:



HAIR COLOURS

Winter	Summer	Autumn	Spring
Ash Brown	Ash Blonde	Golden Blonde	Flaxen Blonde
Blue-Black	Warm Ash Blonde	Golden Brown	Golden Blonde
If grey, client's choice	Ash Brown	Red-Brown	Golden Brown
	Streaks	Red	Red-Brown
	If grey, client's choice	Strawberry	Strawberry
		Cover grey, unless hair is completely grey	Cover grey, unless hair is completely grey



EYEWEAR

For the **summer** palette - soft grey, rose-brown, muted slate-blue frames.

Autumn palette -tortoiseshell, warm brown, amber, and antique or brushed gold metal frames.

I really think with the glasses though, you should go for the **autumn** colours, particularly with your hair colour – tortoiseshell is MY winner.

MAKE UP



Summer

EYELINER – Mid blue, mid green or charcoal

EYESHADOW – Green blue, blue grey, light purple

BLUSHER – Soft pink, rose, soft plum

LIPSTICK – Pink, rose, plum. Glosses that have a silver shimmer

MASCARA – Charcoal, not black

Autumn

EYELINER – Medium brown

EYESHADOW – Mid to dark brown, mid olive green (VB – WOOHOO), mid copper shades

BLUSHER – Salmon, terracotta

LIPSTICK – Cinnamon, peach, terracotta

MASCARA – Brown, black-brown

*I also think, with your hair colour, the **autumn** colours are more suited to you, but you can mix both seasons up, until you find something that works for you and you feel glamazonian wearing.*

Cathie, I hope this has been helpful and given you some ideas/tips on how to make the most of your beautiful self – or at the very eastan excuse to shop!!!!

Val xx



Val Apparel

Fashion Stylist & Blogger